

Toll-free: 844-315-4464, or 415-459-0413  
Carolyn Rosenblatt – carolyn@AgingParents.com  
Dr. Mikol Davis – drmikol@AgingParents.com  
www.AgingParents.com



## Do You Have Family Conflicts About Your Loved Ones?

Consider getting resolution (mediation) of the family fight with expert help. We are sad to see the pain these disputes cause to family members, particularly siblings. We know that choices exist so you can find a peaceful way out of the fight.

### What is mediation?

It is a **meeting**, sometimes more than one meeting in which the parties involved get together by Zoom or in person with the guidance and direction of two local, vetted experts who are familiar with aging issues. The purpose is to reduce or resolve the fighting by reaching agreements.

### How do I get started?

First, you **contact the mediators**. It is completely voluntary. You find out what is involved and either they or you invite every person to participate. Before the family meeting, the mediators contact each participant for a brief, confidential conversation about how that person sees the issues at hand. Each person's perspective is important and the mediators listen to each one, not taking sides.

### What happens next if everyone involved agrees to go to the family meeting?

When all have agreed to participate, they sign an Agreement to Mediate to ensure complete confidentiality. Then payment in advance must be deposited with the mediators. Next, the parties set a date with the mediators for the meeting, which typically does not exceed two hours at a time.

### What is the benefit?

Most of the time, these family meetings with willing participants do lead to **resolution of the fighting**. Everyone may not be best friends when you are done, but when the parties work with the mediators, rules of engagement can be developed and information exchanged. Mediators are neutral and do not judge or tell you what to do. Hostility is reduced. Transparency about such things as healthcare and finances are achieved. Family communication can be significantly improved. **Stress is reduced. Peace is often the outcome.**

### Who are the mediators?

AgingParents.com offers an expert two-person team of **Carolyn Rosenblatt, RN and attorney**, and Dr. Mikol Davis, family psychologist both experienced mediators. Both have worked extensively in resolving disputes for families with aging parents. They are a husband-and-wife duo who have each lived through their own family dynamics painful conflicts. Ms. Rosenblatt has 10 years of nursing with thousands of patients as well as 27 years of prior legal practice. She has been a consultant to families with aging loved ones since 2008 at AgingParents.com.

**Dr. Mikol Davis** is a **licensed clinical psychologist** with 45 years of experience in providing mental health services. He is also an experienced mediator and volunteers at the Marin County Courts doing settlement conferences for high conflict custody cases. He is a consultant at AgingParents.com with Ms. Rosenblatt, offering advice and strategy to families.

### What does it cost for a family meeting?

An advance deposit of \$1800 for four hours of mediator time is required. That includes pre-meeting confidential conferences with each party, the meeting itself, follow-up communications as needed, and when agreements are reached, the mediators write them down. All parties then sign the paper, like a contract.

### What do I do if I'm interested in this?

You call AgingParents.com at 866-962-4464. Ask about family meetings. The mediators will give you direction from there about who can be invited to participate and a time frame for getting an appointment for a meeting. You sign up, pay the deposit and your appointment is set at a mutually convenient time.